

## INSIGHT VACATIONS Peru including Machu Picchu WOMEN ONLY - 9 Nights

### Day 1: WELCOME TO LIMA

Arrive in Lima for the first day of your journey.

You will be met at the airport and transferred to your hotel. Unwind at your luxury abode, before celebrating your first night with your Travel Director and fellow travellers this evening with a Welcome Dinner and drinks.

Accommodation: MGallery Manto Lima  
Included Meals: Dinner with Wine

### Day 2: EXPLORE LIMA

RELAXED START

Explore the coastal, colourful capital of Peru with your Local Expert. Delve into its colonial past and see key attractions, including the Cathedral of Lima, the Government Palace, the Archbishop's Palace and City Hall.

Visit Casa Aliaga, an impressive mansion that has been home to the Aliaga family for 17 generations, for a tour with Wilma Ehni de Aliaga.

Art lovers will enjoy Museo Larco where you'll indulge in a lunch with an archeologist who shares her knowledge of the museum as you dine against a backdrop of an 18th-century garden. After lunch, meet a Local Expert who will show you Museo Larco, highlighting women's impact in history and the museum's private collection.

End your day by delving into Peruvian culture, its ancient history, and learning about the country's religious beliefs.

Accommodation: MGallery Manto Lima  
Included Meals: Breakfast, Lunch

### Day 3: LIMA TO THE SACRED VALLEY

This morning, catch your flight to the ancient capital of Cusco.

Begin your tour of the Sacred Valley, while taking in impressive views on your scenic drive along the way. After a few stunning photo stops, enjoy lunch at Altar Inca, surrounded by some of the most impressive views of the region.

Enjoy a leisurely trip to your hotel for the next couple of nights, the luxurious Aranwa Sacred Valley Hotel, where the evening is yours to do as you please. We recommend that you rest in order to adjust to the altitude comfortably.

Accommodation: Aranwa Sacred Valley Hotel & Wellness  
Included Meals: Breakfast, Lunch

## Day 4: EXPLORE THE SACRED VALLEY

### RELAXED START

Start the morning off with a visit to the Maras salt pans, where the Incas harvested their salt. Today, the salt from Maras is exported to the entire world.

Move on to an Incan laboratory in Moray, an archaeological site close to Cusco. Find out more about the ideal altitude to grow crops in the Sacred Valley.

Join a MAKE TRAVEL MATTER® experience as you visit a local traditional Quechua weaver in the Sacred Valley and learn about the importance these textiles have in shaping personal and regional identities.

Afterward, make your way to Laguna Piuray, where you'll enjoy a Pachamanca, a traditional Peruvian feast, for your Highlight Lunch.

In the evening, transfer to Hacienda Huayocari, where you'll discover this gem of the Sacred Valley while exploring its grounds and small museum. Sit down for a special Peruvian dinner before heading back to your hotel.

Accommodation: Aranwa Sacred Valley Hotel & Wellness

Included Meals: Breakfast, Lunch, Dinner with Wine

## Day 5: EXPLORE MACHU PICCHU

Transfer to the station for your IncaRail train ride. Enjoy lunch on your way to Machu Picchu pueblo, the gateway village to Machu Picchu.

On the way, visit the Ollantaytambo ruins, followed by a stop at a local house in the village's cobblestoned old town and visit with the family living there.

In the afternoon, visit Machu Picchu, where you'll meet your Local Experts for a guided visit in small groups. They will take you through the ruins and explain their historical and archaeological significance, as well as the importance of their location. Set high in the Andes Mountains, it offers spectacular scenery and history, dating back to the 15th century.

End your day with a relaxing dinner and drinks at your hotel.

Accommodation: Sumaq Machu Picchu

Included Meals: Breakfast, Dinner with Wine

## Day 6: MACHU PICCHU AT LEISURE

Take in the breathtaking landscapes discovering Machu Picchu on your own. Spend your morning exploring at your own pace, with your Travel Director on hand to answer any queries you may have.

The afternoon is yours at leisure. Relax back at your hotel or perhaps explore the town of Aguas Calientes on your own.

Spend the evening as you please before sitting down to dinner with your fellow travellers.

Accommodation: Sumaq Machu Picchu

Included Meals: Breakfast, Dinner with Wine

### Day 7: ON TO CUSCO

Return by train to Ollantaytambo, where you will transfer to the ancient city of Cusco. Once the capital of the Inca Empire, Cusco showcases a mix of Spanish colonial architecture, ancient ruins and a lively cosmopolitan scene for modern inhabitants.

Upon arrival in Cusco, embark on a walking tour with a Local Expert. See its cathedral and the Qorikancha temple, the most important temple in the Inca Empire.

Enhance your day by visiting the hand-picked Mantay store, one of four stores in Cusco that support the Mantay project of underaged, often abused, mothers and their young children, by providing a home and education.

As you have the evening free to explore, consider asking your Travel Director for local insights to discover more about this ancient city.

Accommodation: JW Marriott El Convento Cusco

Included Meals: Breakfast

### Day 8: EXPLORE CUSCO

Start your day with a walking tour of Sacsayhuaman, a citadel built in the reign of Pachacuti Inca Yupanqui, the ninth Sapa Inca of the Kingdom of Cusco.

Afterward, explore with Insight choice. Choose to join a local expert on a guided hike of the Inca ruins at Puca Pucara. Alternatively, explore the artisan bohemian neighborhood of San Blas and visit the prestigious art galleries.

After lunch at Pachapapa, visit San Blas Church and the surrounding streets, before making your way to San Pedro Market, where you will find local produce.

Later, make your way to the city's planetarium, for a private, after-hours tour. Learn about astronomy, cosmology, and its influence on Andean culture. While here, try some local delicacies paired with hot wine.

Accommodation: JW Marriott El Convento Cusco

Included Meals: Breakfast, Lunch

### Day 9: LEISURE TIME IN CUSCO

#### RELAXED START

Choose the optional visit to the ChocoMuseo, where you'll learn more about the chocolate making process, or perhaps relax and simply enjoy the facilities at your hotel. Set in a beautiful 16th century building, make the most of this boutique hotel's signature spa and Andean-inspired healing treatments, massages, facials and custom spa packages.

In the evening, join your fellow travellers for a memorable Celebration Dinner at Calle del Medio, where you will toast to your adventures and end of your trip.

Accommodation: JW Marriott El Convento Cusco

Included Meals: Breakfast, Dinner with Wine

## Day 10: DEPART CUSCO

It's time to say goodbye to your fellow travellers as your trip comes to an end.

Take a private transfer to Alejandro Velasco Astete International Airport.

Included Meals: Breakfast